16/3/21 Physical Education

Physical Education for Men

Thomas K. Cureton, Jr. Papers, 1930-1992

### Box 1:

## Research and Graduate Work, 1941-75

Reports, correspondence, articles, newspaper clippings, course materials and course minutes for P.E. 495 and P.E. Seminar 490. Includes a detailed Table of Contents.

<u>Physical Fitness Research Laboratory Staff Minutes, Reports, Origins - 1941-70</u> Staff minutes, reports, correspondence and materials relating to original proposal. Includes a detailed Table of Contents.

### Box 2:

# Physical Fitness Research (Young Men and Women), 1941-75

Articles, scholarly papers, reports. Correspondence and course material for P.E. 451. Materials are described in the Preface.

## Physical Fitness of Athletes, 1944-70

Correspondence, newspaper clippings, photographs, and articles relating especially to testing of Olympic athletes, including:

"Physical Fitness of Athletes," Cureton, "The Heart of Athletes," <u>Illinois Medical</u> Journal, 99 (March, 1951)

Cureton, "Relationship of Physical Fitness to Athletic Performance and Sports." Journal of the American Medical Association, 162 (Nov. 17, 1956), pp. 1139-1151

Cureton and A. J. Barry, "Warm-Up Studies in Athletics," ca. 1959

Cureton, "Scientific Control of Training (Fitness) and Staleness."

Cureton, "What the Heartometer Measures that is of Special Interest to Physical Educators and Physical Fitness Directors"

Cureton, "Scientific Testing of Athletes to Discover Fitness Levels Attained in Various Sports"

Cureton, "The Training (and Seasoning) of Muscles, Tendons, and Ligaments," May-June, 1961

Cureton, "Scientific Principles of Human Endurance," <u>Journal of Physical</u>

Education, 58 (March-April, 1961), pp. 81-86

Cureton, "New Techniques of Athletic Training and Conditioning: Part I," <u>Journal of Physical and Mental Rehabilitation</u>, 15 (May-June 1961), pp. 78-84

Cureton, "The Training and Seasoning of Muscles, Tendons and Ligaments: Part II,"

<u>Journal of Physical and Mental Rehabilitation</u>, 16 (July-August 1962), pp. 103106, 120-121

Cureton, "New Training Methods and Dietary Supplements Are Responsible for Many of the New Records," <u>Athletic Journal</u>, (January 1962), pp. 1-6

Cureton, "Forty Love," Abbotempo (March 22, 1963)

Cureton, "Scientific Principles for the Development of Olympic (or Champion) Athletes," <u>International Olympic Academy</u>, 12th session (July 1972) pp. 197-207

Cureton, "Physical Training Produces Important Changes, Psychological and Physiological," <u>Sports Medicine</u> (Helsinki, 1953), pp. 46-63

# The Sports Fitness Experimental School at the University of Illinois, 1950-66

Reports, articles, scholarly papers, correspondence, newspaper clippings and school brochures. Includes an explanatory preface and a list of "Special Written Reports Included"

## Box 3:

Research in Swimming, Division, Life-Saving and Water Safety (Warfare Aquatics), 1930-75

Articles, reports, clinic programs, correspondence, newspaper clippings, photographs and lists of Cureton's accomplishments, including:

Cureton, "Cureton's Work in the Aquatic Field"

"Aquatic Publications by T. K. Cureton." Included herein are nos. 16, 3, 4, 34, 31,51, 105, 91, 88, 95, 97, 103, 93

Cureton, "Review of a Decade of Research in Aquatics at Springfield College, 1929-1939," Research Quarterly, 11 (May 1940), pp. 68-79

Cureton, "Collegiate Life Saving and Water Safety Courses"

Cureton, "Warfare Aquatic Activities," ca. 1943

Cureton, "Recent Experimental Comparisons of the Resuscitation Methods of the University of Illinois," <u>Aquatic News</u>, 8 (Sept. 1950), p. 8

Cureton, "Science of Swimming in 1968," address to Swimming Hall of Fame, Dec. 30, 1968

Cureton, "Factors Governing Success in Competitive Swimming," address at Master's A.A.U. National Swimming Meet, Chicago, Aug. 10-12, 1973

Cureton, "Biomechanics of Swimming with Interrelationships to Fitness and Performance," ca. 1968

Cureton, "Are You Fit to Win?" Aquatic World (Sept 1974), pp. 19-21

"Cureton's Contribution to Swimming"

Cureton, "Recent (1964-1966) Research from the Physical Fitness Laboratory," <u>Physical Education News</u>, ca. 1967

"Research Studies (Theses) on Swimming Supervised by T. K. Cureton"

Cureton's Books on Aquatics"

Cureton, et. al., "Effects of Deep Knee-Bending (Deep Muscle Massage) on Oxygen Intake and Various Methods of Manual Artificial Respiration," 1951

Cureton, "Scientific Control of Training (Fitness) and Staleness," ca. 1958

Cureton, "Physical Fitness Tests of Three Long Distance Swimmers," ca. 1968

Cureton, "Opinions, Reflections, Perspectives on Aquatics of the Future," address to Wide World of Aquatics, 15th National Conference, Nov. 20-21, 1968

Cureton, "the Relative Value of Stress Indicators, Related to Prediction of Strenuous Athletic (Treadmill) Performance," <u>Medicine and Sport</u>, 3 (1969), pp. 73-80

Cureton, "Training Youthful, Record Breaking Athletes," <u>Athletic Journal</u>, 16 (Nov. 1965), pp. 32

Cureton, "Mechanics and Kinesiology of Swimming," ca. 1975

Cureton, "Factor's Governing Success in Competitive Swimming," <u>Biomechanics</u>
Number II (Baltimore, 1975), corrected page proofs

Review of Studies to Improve Fitness at the Physical Fitness Research Laboratory, University of Illinois, 1941-1963

Research on Cardiovascular-Respiratory Fitness, II, 1941-1975

Articles, correspondence, newspaper and magazine clippings, scholarly papers, research reports and book reviews. Includes a preface describing the enclosed material

## <u>Box 4</u>:

Mechanics and Kinesiology of Physical Education Activities, 1932-1969

Syllabi, book reviews, articles, book synopses, thesis abstracts, bibliographies, papers, notes, course materials and tests for P.E. 452 and P.E. 453 conducted at the Physical Fitness Research Laboratory, University of Illinois, Urbana, 1944-69, including:

Cureton, "Physics Applied to Physical Education," Journal of Health, Physical Education and Recreation, 3 (January, 1932), pp. 22-25

Cureton, "Elementary Principles and Techniques of Cinematographic Analysis as Aids in Athletic Research," Research Quarterly, 10 (May 1939), pp. 2-24

Cureton and J. Stuart Wickens, and Haskell P. Elder, "Reliability and Objectivity of the Springfield Postural Measurements," Supplement to the Research Quarterly, 6 (May 1935), pp. 81-92

Cureton, "The Validity of Footprints as a Measure of Vertical Height of the Arch and Functional Efficiency of the Foot," Supplement to the Research Quarterly, 6 (may 1935), pp. 81-92

Cureton, "The Validity of Footprints as a Measure of Vertical Height of the Arch and Functional Efficiency of the Foot," Supplement to the Research Quarterly, 6 (May 1935), pp. 70-80

Cureton, "Mechanics of the Track Racing Start," Scholastic Coach, 4 (Jan. 1935), pp. 14-

Cureton, "Mechanics of Track Running," <u>Scholastic Coach</u>, 4 (Sept. 1935), pp. 7-10 Cureton, "Mechanics of the Broad Jump," <u>Scholastic Coach</u>, 4 (May 1935), pp. 8-9 Cureton, "Mechanics of the High Jump," <u>Scholastic Coach</u>, 4 (Apr. 1935), pp. 9-12 Cureton, "Mechanics of the Shot Put," <u>Scholastic Coach</u>, 4 (Marc. 1935), pp. 7-10

Cureton, "Treadmill Tests of Maximal Circulatory-Respiratory Capacity and Metabolic Efficiency," Proceedings of AAHPER (1950), pp. 151-152

Research on Nutritional Aspects of Human Performance and Fitness, 1953-1975

Correspondence, reports and publications relating to the nutritional effects of wheat germ oil. including:

Cureton, "Influence of Wheat Germ Oil as a Dietary Supplement in a Program of Conditioning Exercises with Middle-Aged Subjects," Research Quarterly, 26 (Dec. 1955), pp. 391-407

Cureton, "Wheat Germ Oil, the 'Wonder' Fuel," <u>Scholastic Coach</u> (Mar. 1955) Cureton, "Science Aids Australian Swimmers," <u>Athletic Journal</u> (Mar. 1957)

Cureton, "What About Wheat Germ?" Scholastic Coach (Nov. 1959)

Cureton, "Diet Related to Athletics and Physical Fitness," Journal of Physical Education, 57 (1959-60)

Cureton and E. V. Doroschuk, "Diet Related to Athletics and Physical Fitness," Nadbitka Autorska: Wychowanie Fizyscne I Sport, 4 (1960), pp. 273-283

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Cureton, "Improvements in Physical Fitness Associated with a Course of U.S. Navy Underwater Trainees, with and without Dietary Supplements," <u>Research Quarterly</u>, 34 (Dec. 1963), pp. 440-453

Cureton, "Nutritive Aspects of Physical Fitness Work," <u>Journal of Physical Education</u>, 66 (Nov.-Dec. 1968)

Correspondence with Ezra Levin, president of <u>VioBin Corporation</u> regarding subvention of research, travel and distribution of <u>The Physiological Effects of Wheat Germ</u> Oil, 1969-72

# General Physical Fitness Clinics, 1941-1975

Plans, reports, programs, memoranda, correspondence, newspaper clippings, press releases, and photographs relating to clinics except foreign, Y.M.C.A. and medical-dental, including:

Preface

Cureton, "Plan for Physical Fitness Appraisal and Guidance Clinic," mimeograph Los Angeles, California Clinic, Apr. 1941

"Principles Underlying the Effects of Exercise on the Human Body," McKinley Y.M.C.A. (Champaign, IL)

"Warfare Aquatics," Mrs. T. K. Cureton, McKinley Y.M.C.A.

Abstracts from Recent Letters Showing Interest in Physical Fitness Research - letters to Cureton, 1941-44

### Box 5:

## Conferences and Clinics in the Y.M.C.A.s, 1941-75

Programs, brochures, press releases, newspaper clippings, photographs, letters and articles relating to YMCA clinics (1939-75), including:

Preface with a partial list of cities in which clinics were held

Cureton, "Implications of Servicing the Field Request Clinics," (typescript Xerox)

Cureton, "Some Significant Phases of the YMCA Physical Education and a Look Toward the Future," (Paper presented to Mid-West Conference of the Association of Secretaries; College Camp, Wisc., July 7, 1943)

"Preliminary Report: Professional Training of the YMCA Physical Education Secretary," May 26-28, 1938

Cureton, "Health, and Physical Fitness as a Specialized Service in the YMCA" (typescript - 1943)

Cureton. "Preservation of the Middle-Aged Man."

Cureton and Vern Miller, "Practicum for Physical Fitness Instructors," Sacrament, Cal. 1962)

# Cureton's Foreign Fitness Clinics, 1936-75

Correspondence, newspaper clippings, photographs, programs, schedules and relating to foreign clinics and articles by cureton, 1947-74, including:

Preface describing foreign travel, 1936-74

Mexico City Materials, 12/47

Germany materials, 6/52

Helsinki, Finland materials, 7/52

Cureton, "Physical Training Produces Important changes, Psychological and Physiological," <u>Sport Medicine</u> (1953), pp. 46-63

Canada materials, 5/55, 8/56

Australia materials, 1956

Canada materials, 10/58, 1/60-2/60

Philippines materials, 3/60 (Includes translations of lectures into Chinese)

Taipei, Taiwan materials, 5/60

Rome, Italy materials, 8/60-9/60

"Health and Fitness in the Modern World: The Institute of Normal Human Anatomy," 8/29/60-9/9/60

Canada materials, 1/61-3/61, 10/62, 6/64, 11/69

Inquiry from Pepsi-Cola Venezuela, 6/17/66

Invitation from XII Congreso Nacional de Neumologia y Cirugia de Torax, of Mexico, 8/18/66

Cureton, "Scientific Principles for the Development of Olympic (or Champion) Athletes, "International Olympic Academy, 12th session (July 1972) in Olympia, Greece

Brazil materials, 5/73

Venezuela materials, 9/73-11/73

Cureton, "Interpretacao Do Teste De Consumo Maximo Oxigenio o Que E Isto?" Brazil, 1973

# Cureton's Fitness Clinics with the Armed Forces, 1940-1972

Correspondence, newspaper clippings, reports and articles relating to physical fitness of military age men, especially during World War II, including:

"Implications of Military Service for the Curriculum," 1941

Cureton, "Resuscitation and First Aid," Scholastic Coach, 1943

Cureton, "The Unfitness of Young Men in Motor Fitness," <u>Journal of American Medical</u> Association, 123 (Sept. 11, 1943) pp. 211-223

"Summary Report: Wartime Training Institute in Physical Fitness and Aquatics," 1943

"Summary: Wartime Training Institutes in Physical Fitness and Aquatics," 1944

Cureton, "Survival Aquatics for the Emergency," <u>Journal of Phys. Education</u> (1951) Cureton, "Physical Fitness of US Air Force Officers, Defense Command, ENT, Colorado Springs," 1960

# Cureton's Clinics with Dentists and Medical Doctors, 1952-1975

Correspondence, programs, citations, reports, photographs, newspaper clippings, and articles, including:

List of Medical Dental Clinics and foreign Clinics

Cureton, "Health and Physical Fitness Tests of Dentists (with Implications)," Journal of <u>Dental Medicine</u>, 16 (October 1961), pp. 211-223

Cureton, "Physical Fitness and its Effect on the Mental and Physical Health of the Whole Man," Boston, June 1, 1966

Cureton, "Physical Fitness and Dynamic Health," in Improving Dental Practice through Preventative Measures, ed. by Joseph L. Bernier and Joseph C. Muhler (2nd edition; St. Louis: C. V. Mosby Company, 1970), pp. 397-410

#### Box 6:

## Cureton's Clinics with the President's Council on Physical Fitness and Sports, 1960-74

Programs, correspondence, newspaper clippings, photographs, reports and articles, including:

Preface

List of cities in which clinics were held

Cureton, "Trends of Research on Prevention of Physiological Aging and the Value of Exercises for Fitness and Health"

- Cureton, "Most Important principles of Exercise Governing 'Improvements' in Physical Fitness with Middle-Aged Normal Adults"
- Cureton," Organization of the Basic Aquatic Fitness Program for Adult Men"
- Cureton, "Most Important Principles of Exercise Governing Improvements' in Physical Fitness with Middle-Aged Normal Adults," 1964

## Lectures to the Public on Adult Fitness, 1941-1975

- Reports, lecture transcripts, articles by Cureton, articles about Cureton, newspaper clippings, testimonials, requests for reprints and information and correspondence, including: (\* - items by Cureton)
- \*"T. K. Cureton's Lectures for the Public on Health and Fitness in the Modern World"
- \*"How to be Physically Fit and Fifty Years of Age"
- \*"Thirty Golden Nuggets," lecture, Chicago, Jan. 26, 2970
- \*"Basic Principles of Physical Fitness for Adults"
- \*"Principles (Theses) of Physical Fitness for Adults"
- \*"Preservation of the Middle-Aged Man," Journal of Physical Education, 52 (Nov. Dec. 1954), pp. 27-29
- "How Healthful is Exercise," Consumer Reports. 4 (Oct. 1959), p. 543
- \*"Progressive Physical Training"
- \*"Demonstration Workout"
- "What Exercise Will Do," by Newspaper Enterprises Assn.
- \*"Cureton's Basic Principles of Physical Fitness Work (Rules for Conducting Exercise"
- \*"Abdominal Condition"
- \*"Special Foot Exercises," 12/5/62
- "Physical Fitness Research Laboratory Policy Statement Regarding the Physical Fitness Examination of Adult Men"
- \*"How to Keep Fit in the Winter-Exercise to Keep the Body Heat Up"
- "Middle-Aged Men Must Exercise," by Jean Mayer, <u>Clinical Nutrition</u> (DEc. 1966) "Good Practices in Physical Fitness," By William V. Cumler
- "The Biggest Gamble in History: Our Investment in People," Reader's Digest (Dec. 1968), pp. 75-79, by George C. Keller
- \*"Make a Convincing Presentation to Yourself"
- Physical Fitness Clinic, University of Illinois, "Motor Efficiency Classification Test"
- "Longer Life for Your Husband," Woman's Day (Oct. 1967), 13, by John C. Devlin
- \*"Progressive Deterioration is Principle Fitness Problem of Middle-Age," <u>Journal of</u> Physical Education, 49 (May-June 1952)
- \*"Results of Moderate Physical Training on Middle-Aged Men," FIEP Bulletin, 1 (1955), pp. 58-59
- \*"Personal Health and Fitness," <u>Physical Education Journal</u> (June-July 1953)
- "Physical Fitness for the Accountant," Michigan Certified Public Accountant (Jan. 1955)
- "Exercise to Keep Fit," Sports Illustrated (Jan. 17, 1955), p. 63
- \*"Cureton's Program of Daily Rhythmic Exercises for Body Conditioning," Sports Illustrated (Jan. 17, 1955), pp. 64-65
- "Preservation of the Middle-Aged Man," National Council (Y.M.C.A) Bulletin, 39 (Feb. 1955), pp. 1, 4-5
- "How to Add Ten Your Life," Pageant, 10 (Mar. 1955), pp. 146-151, by Julian M.
- \*"How to Keep Your Family Young," Redbook (Apr. 1955), pp. 30-31, with Bob
- \*"Physical Fitness: How to Earn it and Keep it," Journal of Physical Education, 54 (Sept.-Oct. 1956), pp. 3-14

Letter from Don Bradford, President of National Geriatric Institute, regarding establishment of a T.V. network to advertise health food products, Apr. 10, 1955 "Keeping Fit in Philly," Sports Illustrated (Oct. 24, 1955)

\*"You CAN be Physically Fit," What's New in Home Economics (Jan. 1967)

\*"Physical Fitness Work with Normal Aging Adults," <u>Journal of the Association for</u> Physical and Mental Rehabilitation, 11 (Sept.-Oct. 1957)

\*"The Case For Physical Fitness," Think (Sept. 1958)

"Physical Fitness: Rx: Grunt Louder," Newsweek (Dec. 19, 1960)

"The Energies of Police Officers," Police (May-June 1963), by A. J. Barry et al

Transcript of Cureton lectures to P.C.C. (chiropractors) 1962 Seminar

"A Leg Up on a Good Heart," Sports Illustrated (Sept. 21, 1964)

Clippings relating to Rev. Billy Graham's testing by Cureton, 12/31/64-

1/2/65

"Billy Graham's Amazing Physical Fitness Program," Reader's Digest (July 1965), by Curtis Mitchell

"Rev. Billy Graham Takes Up Physical Fitness," typescript

"Fit Body and Soul," Christian Life (Aug. 1965)

\*"Easy Executive Exercise," <u>Commerce</u> (Mar. 1966)

Letter from Robert W. Evans, Associate Director of Public Relations, University of Illinois, to This Week Magazine complaining about an article on Bill Bowerman of the University of Oregon, March 3, 1966

Letter from This Week Magazine to Robert W. Evans, March 8, 1966. Annotated by

"A Workout with the Amazing Dr. Cureton," Fitness for Living (Sept.-Oct. 1968), pp. 22-25, by John Habernen

\*Cureton's Fitness Course, "Physical Fitness Questionnaire"

"Fitness Program of the Experts," <u>Fitness for Life</u> (May-June 1973), pp. 29-31 <u>Letters from Graduate Students to Prof. T. K. Cureton, Jr., 1959-1975</u>

"Thoughts from Your Former Students," presented to Cureton, Dec. 6, 1959 Tributes from former students, arranged alphabetically

Letters and tributes to Cureton from former students upon his retirement, including statements of Cureton's influence and the students' bibliographies 1969. Arranged alphabetically

Foreign Students in Health, Physical Education and Recreation

Doctorates begun under Cureton or on Doctorate Committee

Registration and dinner reservation list for Symposium in Exercise and Fitness honoring Cureton, April 25-26, 1969

# Box 7

## Cureton's Citations and Awards, 1941-1975

Awards, citations, certificates, letters praising Cureton and his work, newspaper and magazine clippings, photographs, telegrams, convention programs, committee lists and reports, including:

Table of Contents

Preface describing foreign travels, 1936-74

"Contributions of Cureton in Tests and Measurement Science," Nov. 1966

Vita of Cureton, 1973

Vita, 1992

Edward Shea Memorial Tribute, Dec. 22, 1992 Books by Cureton, 1936-1942. Arranged chronologically and noted on xerox "Publications by Thomas J. Cureton, Jr."

## Box 8

Books, 1944-1969

#### Box 9

Books by Cureton, 1947-1973. Including:

Beginning and Intermediate National YMCA Progressive Aquatic Tests. New York: Association Press, 1947

Physical Fitness and Dynamic Health (in Japanese) Tokyo, 1965

The Physiological Effects of Wheat Germ Oil on Humans in Exercise.

Springfield, Ill.: Charles C. Thomas, 1972

<u>Aptitud Fisica y Salud Dinamica</u>. Mexico: Editorial Excelsior Corp, 1972 Physical Fitness and Dynamic Health, New ed. New York: Dial Press, 1973

Exercise and Fitness - 1969: Proceedings of a Symposium Honoring Dr. Thomas
Kirk Cureton, Jr., "The Grand Old Man of Fitness," Upon His Retirement

from the College of Physical Education, University of Illinois,
Champaign-Urbana Campus, April 25-26, 1969. Edited by B. Don Franks

Reprints of Cureton articles, 1936-68. Arranged chronologically and noted on Xerox of "Publications by Thomas K. Cureton, Jr."

Reprints of Cureton's articles, 1954-1969. Arranged chronologically. Include: "March of Medicine: Exercise Benefits the Heart," <u>Life and</u> Health, 69 (Dec. 1954)

Cureton, "More Life for Your Years," Kenosha, Wisc.: Cooper's Inc., 1957

Cureton, "What Research Says about Physical Fitness," <u>Journal of Physical Education</u>, 62 (Mar.-Apr. 1965), pp. 89-93

Cureton and B. D. Franks, "Effects of Training on Time Components of the Left Ventricle," <u>Journal of Sports Medicine and Physical Fitness</u>, 9 (June 1969), pp. 80-88

### Box 10:

Development of Research and Graduate Work at the University of Illinois, T.K Cureton, 1941-50

7 page table of contents to 377 pages of bound clippings, reports, publications, and correspondence

Physical Fitness Laboratory Minutes and Materials, 1944-60

250 pages of bound reports, correspondence, staff minutes, and publications

#### Box 11:

T.K. Cureton Published Articles and Reviews, Vol. II, 1936-41 455 pages with contents pages for pp. 247-455 Vol. III, 1940-41

621 pages swimming Vol. IV, 1942-45 915 pages

## Box 12:

Lectures and Research Abroad, 1952
Report of sabbatical leave in Europe
339 pages, contents, list of illustrations, account of meetings
attended, data collected and libraries used
"The Search" feat. Tom Cureton (1954), CBS-TV, 1/2" Sony VHS videotape
"The Search" feat. Tom Cureton (1954), CBS-TV, DVD
Young Boys Research, 1959-66
Laboratory photographs, 1942-72
shots of persons, equipment, groups measurements, clippings

### Box 13:

Binder divided into three folders continuing clippings, photographs, correspondence, and publications about Rome Olympics, awards and training programs, 1950-78 Newspaper Clippings (3 folders), 1942-80

## Box 14:

Physical Fitness Appraisal and Guidance (Teaching Papers), 1941-70
Copies of Statements, articles and papers used with a 1947 text in teaching physical fitness
International Congress on Physical Education, Connecticut Valley Colleges, April 11-16, 1954
Programs, correspondence, papers and clippings (bound)

# Box 15:

Reports on the Physical Fitness Laboratory & Research, 1958-61
Bound clippings, papers, lists and bibliographies

Thomas Kirk Cureton, Jr. A Historical Overview of his Professional Life and

Contributions (dissertation) by Walter Cryer, Brigham Young University, 1975, 298 pp.

Letters & clippings, 1959-89

Correspondence, Councilman-Wolf, 1978-79

## Box 16:

Biographical, 1966-69
Oral history interview, 1968
1/4 inch reel-to-reel tapes
"Fitness for Life"
Mary Ann Green, Aug 11, 1967
Oral history interview, 1968
Retirement Banquet, April 26, 1969
Symposium in honor of Dr. Cureton, 1969

Cureton Symposium, 1969-86 Oral history annual reports, 1966-69 Harold Osborn clippings, 1975 Earle Zeigler retirement symposium, 1989 King McCristal Retirment, 1975 Physical Fitness Center Research, 1950-67 Speeches, 1967 Speech to YMCA, July 1967 Photos

Techniques and Apparatus to Determine the Physical Effects of Various types of Activities, ca. 1950

Vertical Jump Recognition Timer

Physical Test, Bicycle, ca. 1950

# Box 17:

Clinics with YMCA's of the U.S.A., 1937-75 Cureton's Citations and Awards, 1941-75 Cureton's Clinics with Dentists and Medical Doctors, 1952-75 Cureton's Clinics with the President's Council on Physical Fitness and Sports, 1960-74 Cureton's Fitness Clinics with the Armed Forces, 1940-72 Cureton's Foreign Fitness Clinics, 1936-75

# Box 18:

Physical Fitness Appraisal and Guidance (Teaching Papers), 1957-65
Physical Fitness Research Lab, 1941-70
Physical Fitness Research on Young Men and Women, 1941-75
Lectures to the Public on Adult Fitness and Related Research, 1941-75
Mechanics and Kinesiology of Physical Education Activities, 1944-69
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Research on Nutritional Aspects of Human Performance and Fitness, 1953-75
General Physical Fitness Clinics, 1941-75
Research on Cardiovascular-Respiratory Fitness II, 1941-75
Sports-Fitness Experimental School at the University of Illinois, 1945-1965